

Persuasive Speech Evaluation

Speaker: [REDACTED]

Time: 4:53

Introduction

	Attention Getter <i>Rhetorical Question</i>	1	2	3	4	5
	Introduced Self	1	2	3	4	5
<i>ump</i>	Topic Clarity	1	2	3	4	5
<i>scoldation</i>	Established Credibility	1	2	3	4	5
<i>luid</i>	Thesis Statement <i>self breast exams</i>	1	2	3	4	5
<i>calls</i>	Transition to Body <i>what you should do</i>	1	2	3	4	5
<i>ob</i>	Transition to Body <i>report findings</i>	1	2	3	4	5

Body

<i>ational Center Institute</i>	Transitions Between Points	1	2	3	4	5
<i>nerion</i>	Oral Footnotes	1	2	3	4	5
<i>in our Society</i>	Showed a Need	1	2	3	4	5
<i>alle</i>	Satisfied a Need	1	2	3	4	5
<i>self breast exams</i>	Visualized the Results	1	2	3	4	5
<i>precolobony</i>	Language Usage <i>Define</i>	1	2	3	4	5

Conclusion

Signpost	1	2	3	4	5
Thesis Restated	1	2	3	4	5
Challenge/Call to Action	1	2	3	4	5
Appreciation	1	2	3	4	5

Delivery

Eye Contact	1	2	3	4	5
Gestures	1	2	3	4	5
Vocal Quality	1	2	3	4	5
Visual Aids <i>2 Handouts</i>	1	2	3	4	5
Extemporaneous Delivery	1	2	3	4	5
Appearance	1	2	3	4	5

Outline

Full Sentence/Key Phrase	1	2	3	4	5
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Bibliography

APA Format	1	2	3	4	5
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Total Points: 96/100

Comments:

This was an excellent persuasive speech!
 You were very good at expressing the need of breast exams and explaining what your audience should do. It was a great idea to pass out a handout to the audience of the how-to perform a self breast check. Good audience analysis of the 20:8 male to female ratio in our class.



I. Why men should perform self breast exams.

- A. Attention getter: pass out exam instruction papers.(Boyer & EmaxHealth, 2011)
- B. So, what do I care about then? Your health and the health of my sons.
- C. I recently learned that men.....
- D. After researching breast cancer in men, I feel that I am qualified to share with you what I know about self breast exams, what you should do if you find a lump and convince you to report unusual findings to you doctor.

II. Body

- A. According to Dina Roth (2010), author of Previvors, in order to have a chance at surviving breast cancer,

- 1. The problem is that most men do not even know they can get breast cancer.

- a) So, what is the result of this lack of knowledge?

- a. Men die needlessly of breast cancer.

- b. Why risk death when there are a lot of successful.....(National Cancer Institute, 2012)

- b) So, think about it.

- a. If there is a very good possibility you could get breast cancer, would you not want to detect it.....

- b. Raise your hand if you knew men could get breast cancer?

Reference Page

American Cancer Society. (2006). *A breast cancer journey*. (2nd ed., p. 64). Atlanta:

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American Cancer Society. (2012). Cancer facts and figures 2012. Breast cancer in the united states. Retrieved from <http://www5.komen.org/breastcancer/statistics.html>.

National Cancer Institute. (2012). Male breast cancer treatment. Retrieved from <http://www.cancer.gov/cancertopics/pdq/treatment/malebreast/Patient/page5>

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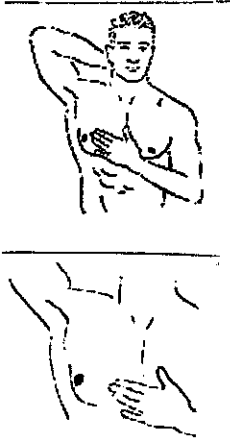
VISUAL AID REFERENCES

Boyer, T. (2011). The 60-second male breast self exam (mbse) for superman. Retrieved from <http://www.emaxhelth.com/8782/60-second-male-breast-self-exam-mbse-superman>

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The 60-Second Male Breast Self Exam (MBSE) for Superman



By Timothy Boyer, MD, PhD, MPH, FACS, FRCPC, FRCR, FRCR, FRCR, FRCR, FRCR

The male breast self exam Breast Cancer Men's Health News Analysis (MBSE) is one of the most over-looked medical procedures performed by physicians. In part this is due to that male breast cancer in comparison to female breast cancer is a relatively rare event. However, according to the latest cancer statistics from the American Cancer Society, about 2,140 new cases of male breast cancer will be diagnosed resulting in approximately 450 deaths in 2011. Many of these deaths will occur because men typically are not diagnosed until a late stage cancer develops. To protect yourself from becoming another breast cancer mortality statistic, you can put your healthcare in your hands by performing a simple 60-second male breast self exam in the privacy of your home.

Benefits of Male Breast Self Exam

The benefit of performing a monthly exam is that not only may it save your life or prevent you from having to undergo an invasive cancer treatment, but that it is also a lifestyle awareness procedure that will become a habit and likely lead to an increased self-awareness of other conditions that may affect your body someday. And, yes, there will be those "somedays" someday in our lives in spite of our invincibility.

Male Breast Self Exam Steps

1. Prior to the self-exam, take a hot shower to soften the skin and relax the muscles.
2. Lie flat on your back and extend your left arm above your head.
3. Using your right hand, hold your index, middle and ring fingers together like a Boy Scout salute.
4. Place the three-finger salute on the outside of your left breast region and press down gently.
5. Move your fingers in a slow, circular motion that gradually spirals toward the left nipple while focusing for any lumps or irregularities.
6. Once you reach the nipple, squeeze it like a man (you know what I mean) and look for any sign of discharge.
7. Switch arm and hand positions and examine the right breast.
8. Report any bumps, irregularities or changes to your physician.



EmaxHealth: Daily Health News

Like 11,205

<http://www.emaxhealth.com/8782/60-second-male-breast-self-exam-mbse-superma>

Guys are invincible - it's something we grew up with

since we were kids. And while our significant others and our bodies may prove us wrong, deep inside we know that even Superman had his kryptonite, but he still prevailed against the odds and so will we. Denial is what prevents many of us from seeking diagnosis and treatment when we should (and do) know better. But perhaps denial tempered with a little self-delusion and good health habits such as an MBCE is not such a bad thing - I suspect it may be hope in another guise.

Let women have their pink ribbons. We are guys and what better symbol toward male breast cancer awareness than perhaps a glowing green crystal to show what Supermen we really are.

Source: <http://www.cancer.org/Cancer/BreastCancerinMen/DetailedGuide/breast->

